NORTHUMBERLAND RUGBY PLAYER ON A PAGE

NAME	AGE GROUP	CLUB

BASE LINE BEHAVIOUR **What does the players baseline behaviour look like - when they are calm and settled? e.g. happy, chatty, sociable, quiet, engaged…**	
TRIGGERS **Are there any known triggers that lead to an escalation of behaviour?** **Also include underlying factors that impact on the players ability to regulate their emotions / manage behaviour.** ***e.g. changes or difficulties at home***	
WHAT DO THEY LIKE **What are the players interests / likes? e.g., specific music / games / activities - these things are useful to know to support positive relationships with the player.**	
WHAT WORKS WELL **What strategies can be put in place *e.g.,* playing in a specific position, knowing when half time might be, knowing ahead of the game if they are starting or coming on later in the game etc**	

Agitation / Initial change from baseline behaviour **Describe the specific behaviour that you see that will help us to recognise changes in behaviour, e.g., muttering under breath, losing focus, heavy breathing, shouting or swearing.**	
How can we be supportive **Outline the specific responses corresponding to the behaviour outlined above.**	

Peak of Behaviour Cycle / Crisis **Let us know what can happen if behaviour is not regulated, e.g., Running away, fighting or attempting to fight.**	
Maintain safety / co-regulate **Tell us what we can do to help/make things better for the player (please consider safety, it may be best for the player to have some time out, but you will need to support us with this)**	

Restore and Repair
As a county we would like every child to have a positive experience playing rugby. If they have had a difficult session, please tell us what we can do to end on a positive note, e.g., Post session de-brief, goal setting for next session.

Agreed Levels of Access at Club – CSO (Club Safeguarding Officer), Lead Coach of Age Group, Chair of Age Grade at Club

Any other person within club who requires access to this information – add role here

The above information will be kept on file as appropriate (and following all club GDPR policies) to ensure player safety and welfare.

This information will be reviewed on……(insert date) – suggest 4 weeks after initial completion for any updates and further observations, then at Christmas, then at end of season before moving up to new age grade so player has the summer to understand how the game will change when he/she returns in September.

Parent/Guardian signature: Date: