Community Rugby Injury Surveillance & Prevention (CRISP) Project 2024-25 Overview

The CRISP Project is managed by a team at the University of Bath and is funded by the RFU as part of RugbySafe research with the purpose of improving the understanding of injuries across the community game and informing injury prevention strategies. The CRISP project started in the 2009/10, originally just collecting data from the adult male game, it has expanded over the years to include different playing populations from across the community game.

The research is particularly important over the coming seasons to allow us to monitor any l changes in injury patterns across the community game d following the lowering of the tackle height and other law changes. A large sample of injury data is crucial in allowing us to understand any changes in injury patterns. Having a range of clubs and teams providing the data is key to the success of CRISP.

For injury surveillance at the community level and because this is a formal research project that gets published consent from participants is required. However, the aim is to keep the process for reporting easy and efficient, the ongoing information asked for includes:

- Brief details on each match played (e.g. date, weather/ground conditions, league or friendly)
- Information on any match injury keeping the player out for more than seven days.

The data collection is easier and quicker than ever now, with the development of a bespoke CRISP module on the Proactive reporting system. The Proactive system is £60 per season for a club (irrespective of number of teams, players etc.). All teams that supply data via the Proactive for the 24-25 season, will receive a Gilbert Barbarian match ball. Whilst we are recommending that all clubs participating in CRISP sign up to Proactive, other data collection methods can be used.

For the 2024-25 season the different CRISP strands include:

- **Adult Male (Clubs):** Open to all teams participating in National, Regional and Local leagues.
- **Adult Female (Clubs):** Open to all teams participating in the Championship and National Challenge Leagues. However, there is a focus on Championship level clubs as this is part of a wider World Rugby funded Tri-nations project (along with WRU and SRU).

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- **Age Grade Male (Clubs):** Collecting data from the U13, U15 and U18 age groups (this is to align data with school-boy project). Ideally looking for clubs that can provide data for all of three age groups, but open to all clubs.

- **Age Grade Male (Schools/Colleges):** Collecting data from the U13, U15 and U18 school year groups. Ideally looking for schools that can provide data for all three age groups, but open to all clubs.

- **Age Grade Female (Clubs, Schools/Colleges and DPP):** Collecting data from the U14, U16 and U18 age groups. Ideally looking for clubs that can provide data for all of three age groups, but open to all clubs.

To **register your club's interest to take part** and to receive more detailed information on the specific requirements of the adult and age grade projects, please use the following link or QR code:

CRISP Expression of Interest Form 24-25

Please contact the CRISP research team on **rfu-crisp@bath.ac.uk** if you have any specific questions.

TEAMWORK RESPECT ENJOYMENT DISCIPLINE SPORTSMANSHIP

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