National Girls' Under 16s & 18s Cup Competition - 2025/26 Season

Update info for clubs – an entries e-mail from the RFU should land with you around the 9th June (with entries closing on the 29th).

Heads up on some info that has been received by CB:

As with last season, the competition will begin with regional pool stages, after which it will split into two pathways:

- ***National Competition*** *– for pool winners*
- ***Regional Competition*** *– for pool runners-up*

A maximum of 64 teams per age group will be accepted. To support a fair and equitable distribution of entries across the country, we are once again asking CBs to rank their entered teams by strength and perceived ability to progress through the pool stages.

Each CB will automatically have their top two ranked teams entered into the draw. Any remaining places will be allocated based on the number of registered players per CB on GMS in each respective age group.

Important Note – Clustered Teams

Please be aware that clustered or joint teams are not permitted to enter the National Girls' Cup Competition. We received several complaints last season regarding the participation of known clustered teams, and we are committed to ensuring this does not happen again.

It is therefore essential that CBs highlight any teams they know to be clustered or joint entries when submitting rankings. These teams will be filtered out as ineligible during the entry review stage.

Kind regards

Claire