PRE-SESSION CHECKLIST/ RISK ASSESSMENT

This pre-session risk assessment should be used to ensure that all rugby training and playing activities are conducted in a safe and appropriate environment, with potential hazards identified, assessed, and managed before the session begins. This process supports the club's responsibility and duty of care towards player welfare, promoting a safe and positive rugby experience for all.

Date	
Time	
Person(s) completing this form	
Club / Venue	
Area (e.g. whole site, pitch number)	
Activity (e.g. match, contact training, touch games)	

Any significant changes since last session?	**Yes**		**No**	
Comments				
Has the facility been checked?	**Yes**		**No**	
Comments				
Are all facility areas safe to use	**Yes**		**No**	
Comments				
Has the equipment been checked?	**Yes**		**No**	
Comments				

Is all the equipment safe to use?	**Yes**		**No**	
Comments				
Have participants been checked (e.g. injuries / clothing / pre-event checks)	**Yes**		**No**	
Comments				
Are the participants safe to take part?	**Yes**		**No**	
Comments				
Is the environment suitable for your activity?	**Yes**		**No**	
Comments				
Is the activity safely set up with suitable drills / games prepared?	**Yes**		**No**	
Comments				
Are staff suitably qualified / experienced?	**Yes**		**No**	
Comments				
Are there enough suitable staff to run the activity (e.g. coaches, first aiders)	**Yes**		**No**	
Comments				